



# GLUTEN FRIENDLY MENU



*This menu was created with gluten allergies and gluten sensitivity in mind. Be sure to specify modifications when placing your order. Please be aware however that The Old Spaghetti Factory is not a gluten free establishment and therefore cross contamination or other errors may occur. Always request to speak with a manager when ordering from the Gluten Friendly Menu.*

*GF pasta is available for an additional 1.25.*

## SALAD

A fresh house salad with Creamy Pesto or Balsamic Vinaigrette. (190-210 cal)  
*Request No Croutons*

## PASTA CLASSICS

Choose from the following sauces with GF pasta:  
**MARINARA** (490 cal) \* **RICH MEAT** (580 cal)  
**SAUTÉED MUSHROOM** (600 cal) \* **CLAM** (750 cal)  
**MIZITHRA CHEESE & BROWNED BUTTER** (1120 cal)

## ALFREDO SAUCE

A butter cream sauce over GF pasta topped with shredded Romano cheese. (980 cal)

## SIDE ORDERS

Add any of the following items to a GF entrée:

**WHOLE, SEASONED**  
**CHICKEN BREAST** (310 cal)  
**ITALIAN SAUSAGE** (340 cal)  
**DICED, MARINATED CHICKEN** (230 cal)

## BEVERAGES

Italian Cream Soda (150 cal)  
Soft Drinks (0-150 cal)  
Coffee, Tea, Iced Tea or Milk (0-180 cal)  
**Omission Pale Ale** (175 cal)  
**Angry Orchard Hard Cider** (190 cal)  
**Angry Orchard Rosé** (170 cal)  
*Request Iced Tea Without Lemon*

## DESSERTS

Ice Cream - Vanilla or Spumoni (170 cal)

## JUST FOR KIDS

*(12 and under only please)*

Choose from the following sauces with GF pasta:

**MARINARA** (300 cal) \* **RICH MEAT** (340 cal)  
**SAUTÉED MUSHROOM** (370 cal) \* **CLAM** (420 cal)  
**MACARONI & CHEESE STYLE SAUCE** (380 cal)  
**MIZITHRA CHEESE & BROWNED BUTTER** (610 cal)  
**MEATY MAC & CHEESY** (440 cal)

\* When dining out or at home, consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.