

LUNCH FOR LESS

Pasta Classic Entrées

LUNCH-SIZED PASTA ENTRÉES SERVED WITH
HOT FRESH BAKED BREAD (490 cal) AND
SOUP (100-320 cal) OR A CRISP GREEN SALAD
WITH A CHOICE OF DRESSING (120-300 cal).



PASTA-BILITIES:

Served over the finest 100% durum semolina spaghetti.
GF pasta is available for an additional 1.25.
A gluten friendly menu is available upon request.



MARINARA SAUCE

Our *from scratch* recipe of fresh onions, carrots,
tomatoes, and garlic sautéed in olive oil and
Italian seasonings. (390 cal) 6.99

RICH MEAT SAUCE

Mamma Mia! Our 1969 original *from scratch* recipe
of perfectly ripe tomatoes and ground beef sautéed
with freshly chopped onions, celery and garlic,
all simmered slowly to perfection with savory
Italian herbs and spices. *Delizioso!* (460 cal) 8.99

WHITE CLAM SAUCE

Our *from scratch* recipe for clam lovers –
with hints of wine, fresh garlic, green peppers,
onions and parsley. (600 cal) 8.75

MUSHROOM SAUCE

Our *from scratch* Marinara Sauce topped with
freshly sautéed seasoned mushrooms. (500 cal) 7.99

MIZITHRA CHEESE & BROWNED BUTTER

A toothsome treat for cheese lovers. (870 cal) 8.99

THE MANAGER'S FAVORITE

Pair any two of the above Classic Sauces
to create your favorite combination. (420-670 cal) 9.25

POT POURRI

A sampler of Mizithra Cheese & Browned Butter,
Meat, Clam and Marinara Sauces. (660 cal) 9.25

ITALIAN SAUSAGE WITH MEAT SAUCE

Zesty sausage served with our
from scratch Rich Meat Sauce. (790 cal) 9.99

SICILIAN MEATBALLS

Two large handmade beef meatballs delicately seasoned
with a blend of herbs and spices, then topped with
our *from scratch* Marinara Sauce. (870 cal) 9.99

* When dining out or at home, consuming raw or undercooked meats, poultry,
seafood, shellfish or eggs may increase your risk of foodborne illness.
2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.

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Lunch-Sized Salads

Add soup (100-320 cal) to your salad for \$.99

LEMON CILANTRO SHRIMP SALAD

Butter leaf lettuce, avocado, diced tomatoes, green onions and croutons topped with tender grilled shrimp dressed with a refreshing lemon cilantro vinaigrette. (510 cal) 9.75

BLT SALAD

Chopped hearts of romaine tossed with blue cheese dressing, croutons and crisp bacon, served with diced Roma tomatoes, avocados, and blue cheese crumbles. (500 cal) 6.75

WITH CHICKEN (810 cal) 8.50

CHICKEN CAESAR SALAD

Lightly breaded chicken breast strips atop romaine lettuce tossed with Caesar dressing, shredded Romano cheese, Roma tomatoes, and croutons. (710 cal) 7.75

WITHOUT CHICKEN (400 cal) 5.99

UNLIMITED SOUP & SALAD

Crisp green salad (120-300 cal/serving) served with soup of the day (100-320 cal/serving) and hot baked bread. (490 cal/serving) 6.99

Sandwiches

Sandwiches are served with potato chips.

Add soup (100-320 cal) or salad (120-300 cal) for \$.99

CHICKEN & SMOKED MOZZARELLA PANINI

Grilled chicken breast, smoked mozzarella, sun-dried tomatoes and bacon on rustic Italian bread spread with pesto aioli. (1420 cal) 8.75

REUBEN PANINI

Our version of the classic Reuben Sandwich on fresh marble rye bread filled with delicious sauerkraut, tender pastrami, Swiss cheese and our own 1000 Island dressing. (930 cal) 8.75

HALF PANINI SANDWICH with SOUP or SALAD

Choose your favorite sandwich served with potato chips and either soup or salad. (710-1110 cal) 7.75

CHICKEN PARMIGIANA SANDWICH

A fresh sandwich roll with a seasoned breast of chicken topped with melted cheese and Marinara. (960 cal) 7.75

MEATBALL SANDWICH

A fresh sandwich roll with oven roasted meatballs topped with homemade Marinara Sauce and melted mozzarella. (870 cal) 7.75

SAUSAGE SANDWICH

A fresh sandwich roll with grilled spicy sausage topped with homemade Marinara Sauce and melted mozzarella. (930 cal) 6.75



*Hot Tea, Iced Tea, Coffee,
2% Milk, or Skim Milk (0-180 cal) for \$1.50*

Ice Cream (170 cal) for \$1.00